

Physical Agility Test (PAT) Information

After passing the written test with a grade of 70 or higher applicants then move on to perform the PAT (Physical Agility Test)

Applicants will be required to wear a supplied SCBA and helmet on all drills listed below except for the one-mile run. Candidates are encouraged to bring a good pair of work gloves to wear but they are not required. Items 1 through 12 shall be completed in sequence. Applicants will be allowed no more than 15 minutes to complete items 2 through 12. A rest period of a minimum of 10 minutes will be given before the mile run.

1. 100-foot Aerial Ladder Climb. Applicants will climb the 100' aerial with a helmet and supplied SCBA on and return to ground level. Applicants must place their hand on the top rung before returning to ground. (This step will not be timed)

2. Raise and Extend 24 Foot Ladder. Applicant will be required to raise a 24' extension ladder that is heeled and extend to a 16-foot platform.

4. Climb and Carry. Carry one dry section of 3" hose up a twenty-four-foot ladder on a second level story.

5. Hose Hoist Haul. Using a rope, the candidate shall raise a 50' section of hose up two floors using a hand over hand method. The candidate shall lower the same hose back to the ground in a controlled manner.

6. Sheet Rock Pull Station. Using a short pike pole candidate will pull down and push up the prop 20 times each with 50lbs of weight loaded.

7. Maze. Candidates will crawl through and negotiate the SCBA Maze successfully

8. Stacking Rolled Hose: Move and stack 10 sections of 3" hose from a table to the ground and back to the table.

9. Hose and Adapters: Candidates will connect a 3" hose to a hose to a 1 ¾ line using various adaptors.

10. Hammer Work: Candidate will strike a tire 20 times with a large sledgehammer. 10 strokes left-handed and 10 strokes right-handed.

11. Person Rescue: Drag or carry a 175-pound mannequin for a distance of 75 feet. A 180-degree turn will be located at the halfway point. The candidate shall drag the mannequin around the drum without disturbing it.

12. 150' Hose Drag: Drag 150' section of charged 2 ½ "hose. The nozzle will be moved 100'.

13. Rehab: Candidates will get a 10-minute rest.

14. Mile Run: Candidates will run a distance of 1 mile not to exceed 13 minutes. Shorts, t-shirts and tennis shoes.